100 Miles in 100 Days

 Tracking Log

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Contact Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| WEEK | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Total |
| Week 1Apr. 1-2 |  |  |  |  |  |  |  |  |
| Week 2Apr. 3-9 |  |  |  |  |  |  |  |  |
| Week 3Apr. 10-16 |  |  |  |  |  |  |  |  |
| Week 4Apr. 17-23 |  |  |  |  |  |  |  |  |
| Week 5Apr. 24-30 |  |  |  |  |  |  |  |  |
| Week 6May 1-7 |  |  |  |  |  |  |  |  |
| Week 7May 8-14 |  |  |  |  |  |  |  |  |
| Week 8May 15-21 |  |  |  |  |  |  |  |  |
| Week 9May 22-28 |  |  |  |  |  |  |  |  |
| Week 10May 29-June 4 |  |  |  |  |  |  |  |  |
| Week 11June 5-11 |  |  |  |  |  |  |  |  |
| Week 12June 12-18 |  |  |  |  |  |  |  |  |
| Week 13June 19-25 |  |  |  |  |  |  |  |  |
| Week 14June 26-July 2 |  |  |  |  |  |  |  |  |
| Week 15July 3-9 |  |  |  |  |  |  |  |  |
| Week 16July 10-16 |  |  |  |  |  |  |  |  |
| Total Miles Walked in 100 Days |  |

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

To be eligible for the drawing all Tracking Logs must be returned to the Jackson County Health Department by midnight on July 22, 2016. Drawing(s) will be held on July 25, 2016 at noon.

Email to Wendy.m.staats@wv.gov or fax to 304-372-1096 or mail 504 South Church Street, Ripley, WV